



# Your Partner in Urinary Tract Health

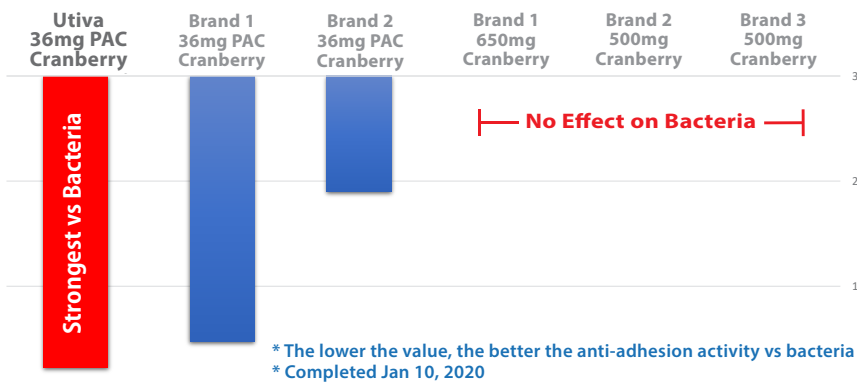


## Utiva UTI Control: 36mg of Cranberry PACs (DMAC/A2)

- Proanthocyanidins (PACs) are the bioactive molecule from cranberries providing anti-adhesion capabilities to help stop bacteria from sticking to the bladder wall and allow natural flushing.
- 36mg PACs is the daily recommended dose.
- 2019 Canadian & American Urology Guidelines now recommend cranberry with adequate PACs for prevention of recurrent UTIs.

**BONUS:** Utiva UTI Control has no vitamin K and trace amounts of oxalates resulting in minimal impact to patients on blood thinners or having a history of kidney stones.

### Rankings from latest Rutgers University Anti-Adhesion Activity Test!



Clinicals, anti-adhesion testing results and case-studies available upon request.

### RECOMMENDED DOSAGE:

#### Prevention:

1 capsule daily at the same time.

#### Sex-Associated or Symptomatic:

2 capsules the day of and 2 capsules 24 hours later.

### Utiva Capsule Size vs Others



Based on an *in vitro* lab test at Rutgers University, various supplements were tested for bacterial (E. coli) anti-adhesion activity. The lab results showed the following:

- High concentration 500mg cranberry products showed no measurable activity against E. coli.
- Products containing 36mg of PACs were most effective in anti-adhesion activity against E. coli.
- Utiva provided the best AAA results.

# Utiva Probiotic Power: 30 Billion CFU\*

- Formulated with specific strains such as Lactobacillus Rhamnosus GG & Lactobacillus Acidophilus known to support vaginal health and reducing antibiotic side effects.
- Provides 30 Billion CFU to guarantee 12 Billion CFU at expiration. Claims based on expiration quantity.
- Utilizing delayed release to ensure maximum absorption.

## RECOMMENDED DOSAGE:

### Adults:

1 capsule 1 time per day.  
Take at least 2-3 hours before  
or after antibiotics.



**Plant-based** vegetarian capsule designed to release when you need it.



**Enhanced stability** for moisture sensitive and hygroscopic ingredients.



**Acid resistance** protects nutritional ingredients without the need for film coatings.

\* 30 Billion CFU at time of manufacture. 12 Billion CFU guaranteed at time of expiration.

## Utiva provides better options to help prevent UTIs.

Doctor recommended, 100% natural, Health Canada approved & FDA compliant

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Managing recurrent urinary tract infections can be complex. Antibiotics are the first line treatment, but there are clinically proven options that can help prevent recurrences. When considering cranberry supplements, I recommend my patients to select a product that contains 36mg of proanthocyanidins (PACs). There is evidence that supports PACs as being the active molecule of the cranberry which prevents bacterial adherence to the bladder wall thus helping to reduce recurrent UTIs.

Dr Colleen McDermott  
Urogynecologist  
Mount Sinai Hospital, Toronto

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## Patient support provided by Utiva:

- ✓ 1st order discount for patients
- ✓ Utiva UTI Tracker App
- ✓ Youtiva Community Support Group
- ✓ Monthly free live sessions by healthcare professionals
- ✓ Periodic promotions to help provide savings



Patient materials and samples available upon request

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vegan Gluten-free Halal Made in Canada

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